



Club Guidelines for students' training and progression in Karate-Do

New Students

- Minimum age 6 yrs.
- Junior students (6-14 yrs) may train Saturdays 2-3pm and Wednesdays 6-7pm.
- Senior students (14yrs +) may train Saturdays 2-4pm and Wednesdays 6-8:30pm.

Martial Arts Licence

- **Students must have applied for a martial arts licence within 6 weeks of commencing training at Worcester Wado-Ryu. Failure to do this will result in denial of training until a properly completed application is received by the Club.**

Badge Gradings

- Badge gradings will be held every four weeks where possible.
- Three badges are to be taken per grade by all students up to and including 4th kyu (purple belt).
- Badges must be worn by all students up to the age of 14.
- Senior students are to take the badge gradings but are exempt from wearing the badges.
- Previous badges must be worn before a student can attempt their next badge.
- Generally only 1 badge to be attempted within any 4 week period, with the exception of 10th kyu (white belt).
- Badges to be taken and passed the correct order.
- Badges are 60p each when purchased from the club.
- All badges are to be attached to the left sleeve of the do-gi jacket.

Belt Gradings

- Belt gradings are held every three months, normally in February, May, August and November.
- To qualify and take their first and subsequent gradings students must have applied for a licence or have a renewal in process.
- Students must have passed all three badge grades and attained the required number of grading points.
- Grading points are awarded for lessons, courses attended and competitions entered.
- Generally the grading is held from 3-5pm on Saturday, instead of the normal intermediate and advanced lessons. The 2-3pm beginners' lesson is unaffected.
- The grading fee is £7: this includes the certificate, belt and official endorsement of the student's licence. The fee does not include the £3 fee for the beginners' lesson that precedes the grading.
- Students on holiday or unwell on grading days may be permitted grade on another convenient date.
- Only Worcester Wado-Ryu students are permitted to watch the grading tests; parents and friends who do not train are regrettably not allowed in the grading room.
- After each grading there is a social event at which the presentations are made to successful students. Students not attending the social event will be informed of their result the next time they attend a training session.
- The student will always be the first one to hear of their result: the result will not be given to any parent, guardian or any other person prior to the student.

<u>Badge and Grading Points Criteria</u>	1st Badge	2nd Badge	3rd Badge	Grading Points
White to Yellow Stripe	Count 1-10 & Tie Belt	Kihon Uke x 4	Kihon Keri x 3	NA
Yellow Stripe to Yellow	Maegeri Chudan - Junzuki Jodan	Ippon Gumite 1 - 2	Kihon Gata	30
Yellow to Orange	Tsugi Ashi Chudan Gyakuzuki	Ippon Gumite 3 - 4	Pinan Nidan	40
Orange to Green	Mahnami No Neko Ashi Dachi Shuto Uke	Ippon Gumite 5 - 6	Pinan Shodan	50
Green to Blue	Tobikomizuki & Naname Gyakuzuki	Ippon Gumite 7 - 8	Pinan Sandan	100
Blue to Purple	Maegeri - Mawashigeri Kekaishi	Ippon Gumite 9 - 10	Pinan Yondan	100
Purple to Brown	Kette Junzuki	Nihon Gumite 1 - 2	Pinan Godan	100

Established at Nunnery Wood Sports Centre Since 1985

Club Instructors: Humphrey Arnett 5th Dan Wadō-Ryu; Assistant Instructors: Mike Pogose 2nd Dan, Dave Creese 2nd Dan Wadō-Ryu
Members of the Wado-Ryu Karate-Do Federation - affiliated to the Wado-Ryu Karate-Do Academy

www.worcesterwadoryu.org.uk